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The Phoenix Book Store - Los Angeles, CA - Lecture by Carlos Castaneda.

DREAMING:

Don Juan said there is no **evil**... and that we can't feel **compassion**. Is that feeling **sorry** for someone else? Does that mean I believe I'm **better off** than they are? It's the ego that feels sorry, and the whole idea of feeling sorry is **fraudulent**. Use your energy for something else, to free yourself. You save energy by the exercise of recapitulation. Through recapitulation you will come to the place where energy becomes visible. Not by sight but by something incomprehensible. Something that's incomprehensible because we have no **lexicon** for it. When you see it, you realize you were doing it.

Not Doing is the cognitive **dissonance** that **unentangles** your awareness. The **disarrangement** of the world by doing something absurd. We must realize the world is an arrangement. It could be **tying** your shoes in a different way.

The dreamer through the teaching of sorcery is a warrior who sees himself as something indescribable, **undefinable** and **open-ended**. He has no limitation. No frame. He takes anything that comes as a challenge, and is never a loser even if he is **biting the dust**.

One of the of the most important things for a warrior to do is to keep an **Album** of **Sublime Moments**. **Get out of** the brain of the **beast**. We are **repetitious**. Where is our sense of pride? We must examine everything, **curtail** our routines, throw cognitive dissonance into them in order to become a sorcerer. We can see energy as it flows, why permit the brain of the beast to stop us.

The dreamer is capable of using his dreams as a **trap door** or a **spring board** into infinity. But we've used our dreams only in analytical, psychological, or scientific ways. To dream as a warrior, is to dream as one who has taken the responsibility of dying.

Dreams are precise. Something is drawn to fields of luminosity. The assemblage point becomes displaced. Fibers of energy are shooting off in thousands of directions. If the point becomes displaced we move into an entirely different world. Dreaming is the art of maintaining the assemblage point in a new position. If we had the opportunity, we could all become first class Dreamers.

The further we displace the assemblage point the more terrifying the dream. Our mind supplies order on these experiences. When these dreams become **overlaid** with **demonic** images. It's the way we **anthropomorphize** experience. Take Dreaming as a formal **enterprise** and the demonic disappears. The difficulty is to discipline ourselves so that nothing that happens in the dream will be upsetting.

The steps in dreaming:

Become aware that you are falling asleep.

Before going to sleep say 'I am a Dreamer'. It's a matter of **stating** your intent. Don't be concerned if you are a Dreamer or not, the mind won't know the difference. It's not **lying** to yourself. In linear affairs we think of it as lying. That should be nothing new, we lie to ourselves all the time.

So intend Dreaming from the point of view that we are going to die. As if it's a matter of life and death. What are you **saving** yourself for, **senility**? Are we waiting to shout "Nurse" in a restaurant?

What have they done to you? Don Juan would ask that question of me over and over. It needed to

be repeated because I was stupid.

This is not the best of all possible worlds. Something is holding us back from seeing. From the point of view of one who is going to die the warrior becomes aware and the world is never the same. This is incredible. He sees the intruder in his dreams. They are scouts from inconceivable worlds. They use awareness as a sea. We can go anywhere if we have the energy. If we get rid of our self-importance.

A warrior takes leaps of incalculable lengths because he wants to know. My fate is to roam the infinite. We are travelers, traveling is our fate. In accepting the responsibility of his death the warrior gets an incredible boost. He can put an end to his self - importance and move to another level. You don't have to lower your head to anyone.

After finding the intruder in your dreams you can stop the dream and ask it to take you where it comes from. The intruder is compelled to take your awareness to other worlds. Stupendous worlds, a twin universe. The Dreamer then becomes a reconnoiter, a scout himself. The twin universe is alive, it's a world of awareness. The inorganic beings are teachers from a female universe that is in search of males. Women are replicas of inorganic beings on earth.

The battle is in this other world, and we will enter this universe whether we like it or not. It's unavoidable. The sorcerers are pragmatists. (What is exactly is this battle that happens in the other world?) Why wait until you die? Do it now while you are young and vigorous. Stop being so involved with your self importance. Always thinking me, and what I want until were too old to do anything else. Until the only thing we can say is "nurse." Be aware now. This is the moment and dreaming is the way. The Dreamer, having saved enough energy will get the jolt of his life when he enters the other world. It's inconceivable. What are we really? Not what my father told me. We are something else.

There are seven stages to Dreaming. The first is to be aware the you are falling asleep. This is so you will remain conscious during the dream state. Then once in the dream state and you can hold it as long as you don't stare. Once you begin to awaken in your dreams you will begin to get more energy. You will be stronger the next day.

Become aware in your dreams, this is the first stage. If you don't insist and set up intent your energy will then pull you. Let it happen. The pull of intent will break the parameters of historical perception.

If you recapitulate your life seriously, you will get enough energy. Only as warriors can we realize what we are.

In the first stage we examine everything, every element in our dreams. We begin by becoming aware that you are falling asleep. But that's not the goal of the technique. This is only to fool the mind. The real technique is to become aware of the elements of our ordinary dreams.

In dreaming, we can easily shift the assemblage point. Even a slight shift of the assemblage point will create a new person. We are putting an end to the old and becoming a new person.

Don Juan said the "here" and "there" are exchangeable, we do it all the time with our energy bodies. The energy body is the sum total projected out.

What have they done to us to make us so resistant? The terrible damage that society has done to us can be corrected by dreaming.

The next step or Gate of Dreaming is to wake up from the dream into another dream.

Once you have acquired the energy from recapitulation and dreaming you can lie down in the dream in the same position that you originally fell asleep in and move into another dream. When you enter a dream inside a dream you enter a state that is inconceivable and will blow your mind.

This is the secret of the twin positions.

The secret of secrets is to **claim** it. We only need energy. This is real, not theory, and as a practitioner, I say we all can do it.

Eventually in Dreaming everything will shift. One day your attention becomes arrested or fixed by something in the dream and you don't know why. You won't be able to move until it releases you.

You're attention is caught by an inorganic being. They have more awareness than us but we have more energy. We are like powerful **bullets** of energy that burn brightly. They last forever and their awareness can hold us.

Now we will begin to **here** the voice of the **Emissary**. It will answer any questions. When we hear its voice as a woman we are hearing its true voice. It is by nature female.

Don't indulge yourself with the dream Emissary. Tell it to **stay out of** your affairs. Don't let it **feed off** you for free.

There is a wave that hits us and we turn it into sadness-- But it's from out there? "I never thought I was going to live forever, let's do it. Turn me **loose,**"

Practice the Not Doing of the album of the sublime. It will create the cognitive dissonance.

Create an album to remind you of your sublime moments. Of things and thoughts that have **astounded** you. The real **revolution** is in the next world. It easy to get involved in political protest, but what's the point. Do something from the point of view of a man who is going to die.

What have they done to you? What are you doing to yourself to your body? Look how you live. Stop smoking.

What have they done to you? Our natural heritage is to live and die like **morons**. This is the time for revolution.

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An anonymous **submission** of notes taken at the Phoenix Book Store with Carlos Castaneda in Los Angeles, CA, December 1993)

Setting up of the Path of the Warrior:

A Nagual is a person with a double energy configuration. There were 27 Naguals in don Juan's line. Don Juan called it sorcery. I think I could call it something else. Maybe Nagualism?

Don Juan was teaching a way to break the psychological conditioning of the cognitive division that keeps us cut off from our sources. The world, as we perceive it, was formed **a priori**. It was given to us.

The most important thing don Juan said was that all our energy is engaged in defending our self. All of our effort goes into that. We have been involved defending our self-concept for so long that we don't even notice.

It's time we begin to find out for ourselves. Begin to "recapitulate" our life. Every action, every

event, to find the "hinge" that represents our life. Our hinge is the way we relate to people.

When I began to recapitulate I found I related to the world as a baby. I felt sorry for myself. My whole life was nothing but the endless repetition of this fact.

When don Juan had me recapitulate my life I saw how I spent my life defending this position. This was a horrendous realization. All I wanted was for someone to listen to my sad story and feel sorry for me.

These ideas of self importance blind us so much that we can't see anything else, but it's possible to dislodge one's self from ideas of self importance. Another way we do remain blind is by thinking fulfilment will come when we find a companion. We can even be married and still keep searching for someone to fulfil our needs. "She's just my wife."

We don't want to give, we are incredibly selfish, we only want to receive.

Warriors, seers, Naguals, love without asking, in this world or beyond, for anything in return.

We don't notice this self-importance that rules our existence. If we did we wouldn't do what we do to our bodies.

The idea of the self is not ours, it's time we untangle it. Don Juan gave a series of premises so we could begin to see what has happened to us, what they have done to us. Not as a comparison but as an enquiry.

Once I worked for a psychiatrist, as a research assistant, transcribing case histories from tapes. He had 3000 tapes with their stories. When I listened to the tapes I discovered they were all me. Their stories were my stories. Don Juan used to ask me what was my uniqueness. There was nothing unique about me.

There were 3000 different people on those tapes and they all were me. There's nothing unique, but there is something magical about us, we're all going to die. Don Juan pulled me out of the social order so I could see that they don't care if I lived or died. It is destroying us. Why do we adhere to this absurd social order that only leads to our destruction.

Affection, love - is only need.

If you examine the social order through yourself you will see it's not leading anywhere. Look at the social order not as a comparison but as an examination. A full realization of the social order and we see it has no meaning or purpose. Is it money or the other things we think has value? Or is it the biological imperative?

Recapitulation is a way to attack self-importance. We need the energy that is supplied by an unbiased examination of reliving our horse-shit, our self-importance.

Recreational drugs, ecstasy San Pedro? Saint Peter! We can't find meaning from that. Dope makes us incapable of sustaining pressure. Don Juan used plants to heal and train my attention because I didn't have an ounce of it.

Instead of using drugs to find the magic in life there's something much better.

Self-discipline. It's the only way out of the trap of the social order. With self discipline we can do wonders. The warrior that is aware of death, he is aware of the trap of social order, he is aware of the trap of self-importance, he is aware of the trap of reason, wants only freedom. Freedom is a leap into the inconceivable.

Self-discipline is not catholic, it is fluid and free-flowing enjoyment that comes from 25 hours of

awareness.

These are the basic patterns of responsibility for a warrior: Don't ask stupid questions. Don't say I don't understand, or could you tell me why. There is no rational explanation. If you want to know you have to try it-- **experiment**.

1. Accepting that you are going to die. Death is non-negotiable, everyone that lived dies. Grab the idea and assume the responsibility that you are going to die.

Naming it aloud is the **primal** force that obeys our call and we never use it. Say out loud, "I want the responsibility that I'm going to die". It has to be said out loud, you just can't think it. Power is not a mind reader. As you progress there will be an adjustment. Make your word **final**. A warrior has the **consistency** to **stand by** his word. Be **committed** to something for once in your life even if it's your death. A warrior dies for his word. Saying something aloud is mysterious and magical but it's subtle. The loud and clear voicing of your intent is the secret of secrets. Do it. Look in unknown places. Assume the responsibility to stand in front of the **boundless**. It isn't weak-- it doesn't respond to **supplication**-- it will **piss on** you. It doesn't care. With the first premise alone you can have a stupendous experience. We have never been able to explain, with words alone.

We should sue the term index. We carry the world in us. The answer has to be constructed and we accept it. A warrior must stop right here.

2. The most important thing for a warrior is to voice the responsibility of perceiving.

We have no purpose, nothing to look forward to but **senility**.

Everything is possible. We are already magicians. Go to the bottom, the lowest level and formulate the world on what's there. At the bottom is death. I'm a human being therefore I am **sublime**. Voice your intent to be someone else to heal yourself. When I was ill I just jumped. I did what don Juan said. Disease is merely an indulgence. I loved my pain. You change your channel by voicing your intent. Then comes the **Cloak** of Confidence. **Timidity** and stiffness is our enemy. It's not reasonable to believe that wings are the only way to fly. There are other options. Look for them. Ask a being who is going to die. Ask the mirror. Something will happen.

3. The third item for a warrior is **indebtedness**. Who am I **indebted** to now for this? Become responsible for what is given to you. Acquire a new **kit**. In receiving a teaching you are responsible for it. You are **indebted** for the rest of your life. Only something out there can **cancel it out**. You are responsible for seeing what **sustains** us. In **paying** you become free, if you refuse you become entangled by it. A being that is going to die assumes responsibility. Without responsibility we're only **egomanics**.

The **pee** is for the **Baba**. **Suffice** it to say everything that comes out of the Baba is sacred.

In the next talks I'll talk about Dreaming, then Stalking and finally I'll talk about the **ethereal** man. I won't **hold anything back**. I tell you as a witness-- I've been there. I've seen incredible things. It's like tears in the rain.

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